

MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee

DATE: July 22, 2008

PLACE: Community Facilities Building

TIME: 12:00 N – 1:30 PM

ATTENDEES: Rhonda Blanton, Anita Brown, M. R. Hall, Lisa Hilliard, Kathy McGaha, Sara Melton, Cindy Miles, Ann Nandrea, Sheila Southard, Carlos Vargas and Kim Watkins

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Kathy McGaha welcomed everyone to today’s meeting of the Elder Care and Caregivers Committee. Ms. McGaha asked the committee members to review the minutes of the last meeting. Lisa Hilliard motioned for the approval of the minutes. Cindy Miles 2 nd the motion, with a unanimous vote for approval.		
Feedback on 2008 Senior Expo and Health Fair	Kathy McGaha led the committee members on a group discussion on Macon County’s Senior Expo & Health Fair. The following topics were discussed: A. Budget – The Radio Station personnel were unable to attend today’s meeting. This topic will be covered at the next meeting. B. Exhibition Booth Sales and Registration – The Radio Station Personnel were unable to attend today’s meeting. This topic will be covered at the next meeting. C. Nonprofit Booths – Following is a listing of the nonprofit booths: <ul style="list-style-type: none">• Area on Aging• REACH/30th Judicial• Senior Services• Perpetual Care• Macon Transit• Macon County Health Department• Access Care D. Marketing and Radio – The committee members thought the marketing coverage and radio coverage were fine. E. Space and Facilities – The committee members thought space and facilities were fine. The committee members especially liked moving the screening area to the bigger room. One problem		

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	<p>that was experienced this year was the breakfast program overran its scheduled time and the committee members had to hurriedly change the room over for screenings.</p> <p>F. Food</p> <ul style="list-style-type: none"> ➤ Breakfast - Vince West said that the Senior Game members were very pleased with the breakfast served. ➤ Snacks – The committee members thought the snack selection was good and they especially liked the fruit from Edible Arrangements. Sara Melton stated that the radio station said they would try to arrange lunches for the vendors next year. <p>G. Education Seminars – The committee members liked the fewer number of seminars, but the turnout for each seminar was very low. One suggestion was to use a big sign to advertise the seminars. The announcements over the PA system were very hard to hear and understand.</p> <p>H. Screenings - The committee members were pleased with the selection of screenings. The committee members liked the addition of vision screening by The Lions Club. Dr. Vargas suggested possibly adding something like Life Line Screenings as another possible draw for this event.</p> <p>I. Any Other? – The committee members discussed the following other topics:</p> <ul style="list-style-type: none"> ○ The committee members discussed the consideration of changing the name of this event. A past suggestion was to eliminate the use of the word “senior”. After a group discussion, the committee members agreed to leave the name as it is. 		

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	<ul style="list-style-type: none"> ○ Another suggestion for consideration was to ask the Bloodmobile to be set up in conjunction with our Expo. The biggest problem would be the location for the Bloodmobile, since taking up parking spaces in the main parking area would be an issue. ○ Kathy McGaha suggested that we not pick next year's date as the last Friday in April, since that is also the date for Special Olympics. 		
Senior Friendly Planning Results	<p>Cindy Miles passed out two handouts for the committee members to review. Ms. Miles first reviewed <i>Results of Macon County Assessment of Livable and Senior-Friendly Communities</i>. Following is a list of the eight topics surveyed with the #1 concern and its percentage.</p> <ol style="list-style-type: none"> 1. Physical and Accessible Environment <ul style="list-style-type: none"> • Housing and Utilities (53.5%) 2. Healthy Aging/Availability <ul style="list-style-type: none"> • Mental Health Services (36.2%) 3. Economic Security <ul style="list-style-type: none"> • Health Care Cost (78.8%) 4. Technology <ul style="list-style-type: none"> • Assistive and Adaptive Devices (47.6%) 5. Safety and Security <ul style="list-style-type: none"> • Outreach to Isolated and Vulnerable (58.5%) 6. Social and Cultural Opportunity <ul style="list-style-type: none"> • Community Sensitivity to Aging (49.2%) 7. Access and Choice in Services and Supports <ul style="list-style-type: none"> • Grandparents Raising Grandchildren (43.3%) 8. Public Accountability and Responsiveness <ul style="list-style-type: none"> • Planning and Coordination of Services (60.7%) 		

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	Ms. Miles next reviewed the second handout – <i>County Plan on Aging (The Aging of Macon)</i> . Ms. Miles stated this document was a proposed Area Plan on Aging for 2008 – 2012. Ms. Miles said this document could be changed and updated if needed.		
Other Items of Discussion	Cindy Miles asked the committee members to consider addressing the topic of Advance Care Planning. Ms. Miles said she has spoken locally on this topic, but feels more awareness of this topic is needed.		
Next Meeting Date	The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, September 9 th , from 12:00 Noon – 1:30 PM at the Community Facilities Building.		